

# For Non-Emergency Medical Care, Know Where To Go.



**Community Health Options** is here to make healthcare easy for you. Below is a list of urgent care centers in the New England region. In cases of a medical emergency, dial 9-1-1 or head to your nearest emergency room.

**Urgent care** is available without an appointment and is typically less expensive than the emergency room.

Health Options also offers **Amwell® Urgent Care telehealth** at \$0 cost-share on all plans for services received through 12/31/2021.

## MAINE By County

### ANDROSCOGGIN

**St Mary's Regional Medical Center — Urgent Care**  
791 Turner St Unit 2  
Auburn, ME 04210  
207-330-3900

**Concentra Urgent Care**  
59 East Ave  
Lewiston, ME 04240  
207-784-1680

**Maine Urgent Care**  
685 Sabattus St  
Lewiston, ME 04240  
207-795-5050

### CUMBERLAND

**Concentra Urgent Care**  
11 Medical Center Dr  
Brunswick, ME 04011  
207-725-2697

**ConvenientMD**  
193 Bath Rd  
Brunswick, ME 04011  
207-424-2272

**Freeport Medical Center**  
42 Mallett Dr  
Freeport, ME 04032  
207-865-3491

**ConvenientMD**  
191 Marginal Way  
Portland, ME 04101  
207-517-3838

### ClearChoice MD

273 Payne Rd  
Scarborough, ME 04074  
207-618-9355

**American Family Care/CareAll P.C.**  
230 Waterman Dr  
South Portland, ME 04106  
207-358-3188

**Concentra Urgent Care**  
400 Southborough Dr Ste 1  
South Portland, ME 04106  
207-761-1100

**Concentra Urgent Care**  
85 Western Ave Crossing  
Suites 6,7,8  
South Portland, ME 04106  
207-774-7751

**InterMed Urgent Care**  
50 Foden Rd Ste 3  
South Portland, ME 04106  
207-523-3700

**ConvenientMD**  
950 Main St  
Westbrook, ME 04092  
207-517-3800

### HANCOCK

**ConvenientMD**  
235 High St  
Ellsworth, ME 04605  
207-412-5200

### KENNEBEC

**Concentra Urgent Care**  
219 Capitol St Ste 2  
Augusta, ME 04330  
207-629-5005

**MaineGeneral Express Care**  
15 Enterprise Dr  
Augusta, ME 04330  
207-621-8880

**MaineGeneral Express Care**  
5 Central Maine Crossing  
Gardiner, ME 04345  
207-588-3530

**MaineGeneral Express Care**  
211 Main St  
Waterville, ME 04901  
207-877-3450

**MaineGeneral Express Care**  
16 Commerce Plaza, Ste 3A  
Winthrop, ME 04364  
207-377-1450

### OXFORD

**Concentra Urgent Care**  
176 Main St  
Norway, ME 04268  
207-743-7399

**Sacopec Valley Health Center**  
70 Main St  
Porter, ME 04068  
207-625-8126

### PENOBSCOT

**Concentra Urgent Care**  
34 Gilman Rd  
Bangor, ME 04401  
207-941-8300

**ConvenientMD**  
543 Broadway  
Bangor, ME 04401  
207-922-1300

**Penobscot Community Health Center — Helen Hunt Health Center**  
242 Brunswick St  
Old Town, ME 04468  
207-827-6128

### SAGadahoc

**Maine Urgent Care**  
105 Topsham Fair Mail Rd Ste 8  
Topsham, ME 04086  
207-798-6333

### YORK

**York Hospital — MyHealth@Berwick**  
4 Dana Dr  
Berwick, ME 03901  
207-698-6700

**ConvenientMD**  
506 Main St  
Saco, ME 04072  
207-571-7991

\*Out-of-pocket costs like co-pays, deductibles, and co-insurance vary depending on the plan, so it's important to know what your plan covers. You can view your Schedule of Benefits (found on your Member portal) to find out what to expect for out-of-pocket expenses when you visit an urgent care center.

Take a moment to highlight the Urgent Care Centers that are nearest to you so you can find them quickly when you need them.

## MASSACHUSETTS By County

### BARNSTABLE

**ConvenientMD**  
40 Davis Straits  
Falmouth, MA 02540  
774-255-3010

### ESSEX

**ConvenientMD**  
35 Storey Ave  
Newburyport, MA 01950  
978-225-6607

### HAMPDEN

**ConvenientMD**  
471 Center St  
Ludlow, MA 01056  
413-625-3500

### MIDDLESEX

**ConvenientMD**  
181 Cambridge St  
Burlington, MA 01803  
781-730-0045

**ConvenientMD**  
236 Cochituate Rd  
Framingham, MA 01701  
774-244-3227

### NORFOLK

**ConvenientMD**  
245 Hartford Ave  
Bellingham, MA 02019  
774-295-4355

**ConvenientMD**  
983 Boston-Providence Tpk  
Dedham, MA 02026  
781-819-6400

**ConvenientMD**  
86 Taunton St  
Plainville, MA 02762  
508-928-5211

**ConvenientMD**  
479 Washington St  
Quincy, MA 02169  
857-529-5220

**ConvenientMD**  
987 Main St  
Weymouth, MA 02190  
781-927-3000

### PLYMOUTH

**ConvenientMD**  
296 Old Oak St  
Pembroke, MA 02359  
339-244-3033

### WORCESTER

**ConvenientMD**  
139 Turnpike Rd  
Westborough, MA 01581  
508-882-7300

## NEW HAMPSHIRE By County

### BELKNAP

**ClearChoice MD**  
24 Homestead Place  
Alton, NH 03809  
603-822-4713

**ClearChoice MD**  
96 Daniel Webster Hwy  
Belmont, NH 03220  
603-267-0656

**ConvenientMD**  
77 Daniel Webster Hwy  
Belmont, NH 03220  
603-737-0550

**ClearChoice MD**  
75 Laconia Rd  
Tilton, NH 03276  
603-729-0050

### CHESHIRE

**ConvenientMD**  
351 Winchester St  
Keene, NH 03431  
603-352-3406

### GRAFTON

**ClearChoice MD**  
410 Miracle Mile  
Lebanon, NH 03766  
603-276-3261

**ConvenientMD**  
551 Meadow St  
Littleton, NH 03561  
603-761-3660

**Med Check Urgent Care**  
389 Tenney Mountain Hwy  
Plymouth, NH 03264  
603-481-8787

### HILLSBOROUGH

**ConvenientMD**  
3 Nashua Rd  
Bedford, NH 03110  
603-472-6700

**ClearChoice MD**  
558 Mast Rd  
Goffstown, NH 03045  
603-232-1790

**Concentra Urgent Care**  
1279 S Willow St  
Manchester, NH 03103  
603-644-3330

**ConvenientMD**  
2 Dobson Way  
Merrimack, NH 03054  
603-471-6069

**Concentra Urgent Care**  
14 Broad St St A  
Nashua, NH 03064  
603-889-2354

**ConvenientMD**  
565 Amherst St  
Nashua, NH 03063  
603-578-3347

### MERRIMACK

**Concentra Urgent Care**  
1 Pillsbury St  
Concord, NH 03301  
603-223-2300

**ConvenientMD**  
8 Loudon Rd  
Concord, NH 03301  
603-226-9000

**ClearChoice MD**  
7 Cinemagic Way  
Hooksett, NH 03106  
603-782-5112

### ROCKINGHAM

**ClearChoice MD**  
1 Beehive Dr  
Epping, NH 03042  
603-734-9202

**ConvenientMD**  
42 Nashua Rd  
Londonderry, NH 03053  
603-413-6800

**ClearChoice MD**  
127 Plaistow Rd  
Plaistow, NH 03865  
603-797-9289

**ClearChoice MD**  
750 Lafayette Rd  
Portsmouth, NH 03801  
603-427-8539

**ConvenientMD**  
599 Lafayette Rd  
Portsmouth, NH 03801  
603-942-7900

**ConvenientMD**  
1 Portsmouth Ave  
Stratham, NH 03885  
603-772-3600

**ConvenientMD**  
125 Indian Rock Rd  
Windham, NH 03087  
603-890-6330

### STRAFFORD

**ConvenientMD**  
14 Webb Pl  
Dover, NH 03820  
603-742-7900

### SULLIVAN

**Urgent Care at Valley Regional**  
243 Elm St  
Claremont, NH 03743  
603-542-7898

## VERMONT By County

### BELKNAP

**ClearChoice MD**  
173 S Main St  
Rutland, VT 05701  
802-772-4165

### CHITTENDEN

**ClearChoice MD**  
1200 Williston Rd  
South Burlington, VT 05403  
802-448-8205

### WASHINGTON

**ClearChoice MD**  
798 Route 302  
Berlin, VT 05641  
802-744-0138

### WINDHAM

**ClearChoice MD**  
1154 Putney Rd  
Brattleboro, VT 05301  
802-490-2100

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