

2025 Member Checklist



Welcome - we're glad you're here!

At Community Health Options, we do health insurance differently. Our purpose is simple: provide you with benefits you can actually use.

From the state's broadest healthcare provider network, to a Maine-based Member Services team that answers your questions, we're focused on helping guide you to the care you need.

Questions?

Call our team: (855) 624-6463

8 a.m. to 6 p.m., Monday - Friday

STEP 1: Create your portal account

- Go to login.healthoptions.org to access or set up your Member account.
- Set paperless delivery for many items like invoices from **Profile & Settings**.
- Check out your Member Guide under **Forms & Resources**.

STEP 2: Pick a Primary Care provider

- Use our Provider Directory to search and select your preferred provider.

Virtual care, from anywhere.

We offer a variety of virtual and telehealth options from our partners. Visit your plan docs for details.

STEP 3: Explore your benefits

Refer to your Member Guide and portal for specific plan information on benefits like:

- \$0 cost for a digital wellness platform and incentives - more details available under **Health & Wellness**.
*on select plans
- \$5 for many common generic prescriptions via Express Scripts.
- \$25 for labs and \$75 for X-rays at specified locations - more details available under **Forms & Resources**.
- Our Chronic Illness Support Program helps you save on medications and routine care for conditions like asthma, diabetes, COPD and hypertension.*

*not available on catastrophic plans