

Overview of Group Benefits

Welcome to Community Health Options! We are happy to have you as a Member. Once you have enrolled, getting the most from your plan begins with understanding your benefits and services. We want our Members to get optimal care at the best prices, and our team is ready to help you at every step of this process.

Most of our plans include the following:



NEW! Wellness platform and benefits

Health Options partners with WellRight® on all plans to provide a digital wellness platform and mobile app at no cost to individuals and their families.



Co-pay of \$5 or less for 30-days of Tier 1 preferred generic Rx on select large group plans.



For Members ages 45 and older, **preventive health screening colonoscopies have no deductible, co-insurance or co-pay.**



Pharmacy benefit manager Express Scripts® Inc., to support the filling of prescriptions by mail for **home delivery** or through retail pharmacies.



100% of the preventive care benefits required by the Affordable Care Act and the State of Maine at **no out-of-pocket cost** from in-network providers.



Pediatric and adult vision coverage including one exam every 12-month calendar year. Also includes coverage for lenses/frames/contacts every 24-month calendar period.



Members requiring insulin will have a cost-share not to exceed \$35 for up to a 30-day supply.



Tobacco cessation support with an enhanced benefit for over-the-counter nicotine replacement therapy (NRT) products, including nicotine patches, gum, lozenges, and certain FDA-approved medications listed on our drug formulary at a **\$0 out-of-pocket cost.**



Urgent care telehealth visits with \$0 cost-share on non-HSA plans, and \$0 after deductible for HSA plans via Amwell®.



First in-network primary care and first three behavioral healthcare visits annually per Member have no cost-share in non-HSA plans.



Coverage for **chiropractic and osteopathic manipulative therapy** on all plans.



Free phone support and personalized help with complex medical conditions from our Care Management team.



Chronic Illness Support Program (CISP) is available on all non-HSA plans to reduce financial barriers for Members with chronic conditions (asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes and hypertension).

For more detailed information about our health plans or to review our Provider Directory, Drug Formulary or Privacy Notice, please visit our website at [healthoptions.org](https://www.healthoptions.org). If you do not have access to a computer or internet services, please call (855) 624-6463. ©2023 Community Health Options. All rights reserved.

