



# Online visits

## Anytime, anywhere



### Visit with a therapist or psychiatrist from the comfort and privacy of home

#### It's easy and convenient using Amwell

When you're feeling stressed, anxious, or coping with struggles, know that you're not alone. Now, you can talk with a licensed therapist or board-certified psychiatrist using Amwell. It's an easy and convenient way to get the support you need whether you're at home, work, or on the go.

#### Visit with a therapist or psychologist in 4 days or less!

Amwell makes it easy to get the support you need any day of the week. Sign up today or login (enter service key **HealthOptions207**) to get started. Then select "therapy" to view the available therapists and schedule a 45-minute counseling visit. Therapists and psychologists are available 7 days a week with appointments available on night and weekends.

#### Talk to a psychiatrist to receive medication management

When talk therapy alone isn't enough, use Amwell to visit with the psychiatrist of your choice. Sign up or login (enter service key **HealthOptions207**) and select "psychiatry" to view the available psychiatrists and schedule a visit. The psychiatrists you see through Amwell can provide medication management support for behavioral health conditions. Please note, the psychiatrists you see online cannot prescribe controlled substances.

#### Get help for these issues and more:

- Anxiety
- Bipolar disorder
- Coping with an illness
- Depression
- Grief
- OCD
- Panic attacks
- PTSD
- Relationship or family issues
- Stress

Download the [iOS](#) or [Android](#) mobile app OR visit [healthoptions.amwell.com](https://healthoptions.amwell.com) and enter service key **HealthOptions207**.