



# Chronic Illness Support Program (CISP)

*-an added level of support-*

## *You're not alone.*

About half of all adults have a chronic condition that can limit their usual activities.

If you have one of the five major chronic conditions, "chronic" illnesses that are managed through office visits and prescriptions, make sure your health plan has CISP.

Through CISP, we reduce cost barriers for pharmacy services, as well as routine and usual care. This program can save you money and help you prevent increasing disability due to your chronic condition.

CISP also brings you added support and peace of mind through our Medical Management services provided at no additional costs for Members.

**Members diagnosed with Diabetes, Asthma, Chronic Obstructive Pulmonary Disease (COPD), Hypertension, and Coronary Artery Disease receive lower out-of-pocket medical and pharmacy services for these conditions.**

Our Medical Management Team is composed of registered nurses, a licensed practical nurse, licensed social workers, a registered dietician, and navigators/chronic care professionals who support Members' overall health through a spectrum of services.

CISP reduces financial barriers (Copays, deductible, coinsurance) for select services for Members with certain chronic conditions and enables them to receive lower out-of-pocket medical and pharmacy services for these conditions when received from – or provided by – an in network provider.

**These services are provided at no additional out-of-pocket costs for Members:**

### **Healthy Living/Wellness**

Lifestyle modifications (e.g., tobacco use).

### **Complex Care Management**

Catastrophic/extensive use of healthcare resources.

### **Care Management**

Medical/behavioral moderate to high-risk diagnoses.

### **Disease Management**

Condition-specific support for Diabetes, Coronary Artery Disease, and Congestive Heart Failure.

### **Care Navigation**

Point-of-service barriers, outreach campaigns.

CONTINUED ▶

**If you have questions about our Chronic Illness Support Program, our Member Services team would be happy to help: (855) 624-6463**

**HealthOptions.org | (855) 624-6463**

For more detailed information about our health plans or to review our Member Benefit Agreement and Schedule of Benefits, Provider Directory, Prescription Formulary, or Privacy Notice, please visit our website at HealthOptions.org. If you do not have access to computer or internet services, please call (855) 624-6463. A Member Services Associate will be happy to provide you with printed copies and answer any questions you may have.

Community Health Options complies with applicable Federal civil rights law and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

**ATTENTION:** Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le (855) 624-6463 (TTY/TDD: 711)

**ATENCIÓN:** si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (855) 624-6463 (TTY/TDD: 711)



# Chronic Illness Support Program (CISP) CONTINUED

*-supporting your healthcare needs to improve your overall health-*

**Prescription Drug Benefit** (when filled through home delivery)

- ▶ \$0 Cost for specific Tier 1 generic medications used to treat the chronic illness.
- ▶ For select Tier 2 medications, the deductible is waived, and your cost share is reduced according to your plan design.
- ▶ For select Tier 3 medications, the deductible is waived, and your cost share is reduced according to your plan design.

**Medical Services** ▶ \$0 Cost when performed by a network provider for the following services (unless otherwise noted).

Diabetes	Asthma/COPD	Hypertension	Coronary Artery Disease
Office visits to a PCP for routine management of Diabetes.	Office visits to a PCP for routine management of Asthma/COPD/ Emphysema.	Office visits to a PCP for routine management of Hypertension.	Office visits to a PCP for routine management of CAD.
Endocrinology consultation and management of Diabetes.	Immunotherapy for Members diagnosed with Asthma.	Office visits for consultation and management specifically for a diagnosis of Hypertension with cardiology or nephrology specialists.	Cardiology consultation and routine management of CAD.
Podiatry consultation for routine diabetic foot care.	Inhaler adjuncts (e.g., spacer).	Lab services that are linked to a Hypertension primary diagnosis code and considered routine for the management of Hypertension.	Electrocardiogram (ECG)
Nutritional counseling, Diabetes education, and behavioral modification counseling.	Pulmonologist consultation and management of Asthma, COPD, or Emphysema.		Cardiac rehabilitation (deductible is waived and the coinsurance is reduced by half).
Annual diabetic eye exam.	Pulmonary function test once per year; home oxygen therapy assessment.		Lab services linked to a hyperlipidemia primary diagnosis code and considered routine for the management of CAD.
One glucometer each year as specified on the formulary.	Asthma education.		
Glucose test strips listed on the formulary: up to 50 every 30 days or 150 every 90 days at \$0 out-of-pocket cost.	Pulmonary rehab and ongoing exercise program.		
Lab services linked to a Diabetes primary diagnosis code and considered routine for the management of Diabetes.	Asthma only: Up to \$75/year for environmental (home) assessment (requires Prior Approval).		
	Lab services that are linked to Asthma or COPD primary diagnosis code and considered routine for the management of the diagnosed condition.		

CISP does not include reduced cost for coverage of complications caused by the chronic illness.

**If you have questions about our Chronic Illness Support Program, our Member Services team would be happy to help: (855) 624-6463**