



Chronic Illness Support Program (CISP)

-an added level of support-

Do you have a hard time paying medical bills?

Do you avoid calling your PCP because you are worried about the cost?

With CISP, some of these worries are alleviated by your benefits.

Through CISP, routine and usual care for select chronic conditions are supported by reducing your out-of-pocket costs!

Members diagnosed with Diabetes, Asthma, Chronic Obstructive Pulmonary Disease (COPD), Hypertension, and Coronary Artery Disease receive reduced out-of-pocket medical and pharmacy services for these conditions.

CISP removes financial barriers (Copays, deductible, coinsurance) for select services for Members with certain chronic conditions and enables them to receive reduced out-of-pocket medical and pharmacy services for these conditions when received from – or provided by – an in network provider.

Our Population Health Team is composed of registered nurses, licensed social workers, a registered dietician, and navigators/chronic care professionals who support Members' overall health through a spectrum of services.

These services are provided at no additional out-of-pocket costs for Members:

Healthy Living/Wellness

Lifestyle modifications (e.g., tobacco use).

Complex Care Management

Catastrophic/extensive use of healthcare resources.

Care Management

Medical/behavioral moderate to high-risk diagnoses.

Disease Management

Condition-specific support for Diabetes, Coronary Artery Disease, and Congestive Heart Failure.

Care Navigation

Point-of-service barriers, outreach campaigns.

CONTINUED ▶

If you have questions about CISP, our Member Services team would be happy to help: (855) 624-6463

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For more detailed information about our health plans or to review our Member Benefit Agreement and Schedule of Benefits, Provider Directory, Prescription Formulary, or Privacy Notice, please visit our website at HealthOptions.org. If you do not have access to computer or internet services, please call (855) 624-6463. A Member Services Associate will be happy to provide you with printed copies and answer any questions you may have.

Community Health Options complies with applicable Federal civil rights law and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le (855) 624-6463 (TTY/TDD: 711)

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al (855) 624-6463 (TTY/TDD: 711)



Chronic Illness Support Program (CISP) CONTINUED

-supporting a greater quality of life + reduced costs for our Members-

Prescription Drug Benefit (when filled through home delivery)

- ▶ \$0 Cost for specific Tier 1 generic medications used to treat the chronic illness.
- ▶ 50% Cost reduction for specific Tier 2 generic medications used to treat chronic illness, and deductible waived.
- ▶ 50% Cost reduction for specific Tier 3 preferred brand medications used to treat the chronic illness, and deductible waived.

Medical Services ▶ \$0 Cost when performed by a network provider for the following services (unless otherwise noted).

Diabetes	Asthma/COPD/Emphysema	Hypertension	Coronary Artery Disease
Office visits to a PCP for routine management of Diabetes.	Office visits to a PCP for routine management of Asthma/COPD/Emphysema.	Office visits to a PCP for routine management of Hypertension.	Office visits to a PCP for routine management of CAD.
Endocrinology consultation and management of Diabetes.	Immunotherapy for Members diagnosed with Asthma.	Office visits for consultation and management specifically for a diagnosis of Hypertension with cardiology or nephrology specialists.	Cardiology consultation and routine management of CAD.
Podiatry consultation for routine diabetic foot care.	Inhaler adjuncts (e.g., spacer).	Lab services that are linked to a Hypertension primary diagnosis code and considered routine for the management of Hypertension.	Cardiac rehabilitation related to CAD at 50% reduction in cost-sharing.
Nutritional counseling, Diabetes education, and behavioral modification counseling.	Pulmonologist consultation and management of Asthma, COPD, or Emphysema.		Electrocardiogram (ECG)
Annual diabetic eye exam.	Pulmonary function test once per year; home oxygen therapy assessment.		Cardiac rehabilitation (deductible is waived and the coinsurance is reduced by half).
One glucometer each year as specified on the formulary.	Asthma education.		Lab services linked to a hyperlipidemia primary diagnosis code and considered routine for the management of CAD.
Glucose test strips listed on the formulary: up to 50 every 30 days or 150 every 90 days at \$0 out-of-pocket cost.	Pulmonary rehab and ongoing exercise program.		
Lab services linked to a Diabetes primary diagnosis code and considered routine for the management of Diabetes.	Asthma only: Up to \$75/year for environmental (home) assessment (requires Prior Approval).		
	Lab services that are linked to Asthma or COPD primary diagnosis code and considered routine for the management of the diagnosed condition.		

CISP does not include reduced cost for coverage of complications caused by the chronic illness.

The following 2018 plans feature the Chronic Illness Support Program:

- Community Focus PPO
- Community Align PPO
- Community Best HMO
- Community Partner HMO
- Community Capital HMO

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