



2020 Schedule of Benefits

Community Align PPO

Effective on or after:
01/01/2020

This Schedule of Benefits is a summary of Benefit Limits and Member Cost-Sharing amounts you must pay for Covered Benefits for effective coverage during the 2020 Calendar Year. Please refer to your Member Benefit Agreement (MBA) for more information.

General Cost Sharing Information	Network Providers	Non-Network Providers
Deductibles (Ded)		
Individual Deductible	\$5,500	\$14,300
Family Deductible	\$11,000	\$28,600
Under family coverage, once one covered family member meets the Individual Deductible for the Calendar Year, remaining family members, individually or collectively, must meet the remaining amount of the full Family Deductible. Once the full Family Deductible is met, services for all covered family members are subject to applicable coinsurance until the Out-of-Pocket Limit is reached.		
Member Coinsurance (Co)	50%	70%
For most services, the Member Coinsurance is cost sharing you are responsible for after you have met the applicable Deductible.		
Out-of-Pocket (OOP) Maximums		
Individual OOP Maximum	\$7,350	\$21,450
Family OOP Maximum	\$14,700	\$42,900
Under family coverage, once one covered family member meets the Individual Out-of-Pocket Maximum for the Calendar Year, the Plan pays 100% of the Maximum allowable amount for Covered Services for that Member. Remaining family members individually or collectively can meet the remaining amount of the full Family Out-of-Pocket Maximum. Once the Family Out-of-Pocket Maximum is met, the Plan pays 100% of the Maximum allowable amount for Covered Services for all Members covered under the family policy.		
Important Information About Services from Non-Plan Providers		
<p>For Out-of-Network Services, the Plan will pay Benefits for Covered Services up to the Maximum Allowable Amount, determined by us. Charges above the Maximum Allowable Amount will not apply to your Out-of-Network cost-sharing and will be your responsibility, if the non-Network Provider chooses to bill you (known as Balance Billing). This means you may have a financial responsibility greater than the cost-sharing described on this Schedule of Benefits. To find Network Providers go to www.healthoptions.org/Search-provider or call Member services at (855) 624-6463.</p> <p>If you receive Covered Services from a non-Network Provider, you are responsible for ensuring Prior Approval is obtained, if necessary. If you are admitted to a non-Network Provider facility due to an Emergency, it is your responsibility to ensure Health Options is notified within 48 hours of admission. Failure to obtain Prior Approval or provide Notification, as described in your Member Benefit Agreement, may result in a benefit reduction penalty of up to \$500 for each occurrence.</p> <p>For Emergency Services rendered by a non-Network Provider, your Out-of-Pocket Costs for charges up to the Maximum Allowable Amount will be the same as though you received care from a Network Provider. Notification requirements may apply. Failure to comply with notification requirements, as described in your Member Benefit Agreement, may result in a benefit reduction penalty of up to \$500 for each occurrence.</p> <p>This plan does not provide any coverage outside the United States.</p>		

Some Covered Services require Prior Approval (PA) or Notification before we will pay Benefits. A full listing of *Prior Approval and Notification Requirements* is available on our website at:

<https://www.healthoptions.org/health-care-professionals/professional-document-and-forms>

Our Member Services Team is available to answer questions regarding your coverage and any requirements, Monday through Friday 8a.m. to 6 p.m. at (855) 624-6463.



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Advanced Imaging (PET/MRI/CT)	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Allergy Testing and Injections	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Ambulance Transport - Emergency	50% Coinsurance after Deductible	50% Coinsurance after Deductible	Coverage includes transportation to nearest hospital that can provide the required care. Refer to your MBA for details.
Ambulance Transport - Non-Emergency	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Autism Spectrum Disorders/ABA	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Blood Transfusions	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Cardiac Rehabilitation - Outpatient	50% Coinsurance after Deductible	70% Coinsurance after Deductible	36 visits per cardiac episode.
Chemotherapy, Radiation, Infusion Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
An alternate infusion location such as home-based, may save you money over facility-based infusion. Ask your Provider if home-based infusion is an appropriate option for you. Call Member Services at (855) 624-6463 Monday-Friday, 8am-6pm, if you need assistance finding a Network home-infusion Provider.			
Chiropractic Manipulative Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Benefit includes physical therapy provided by a Chiropractor. Depending on the services provided in a single appointment it is possible you may be financially responsible for copay(s), your deductible, and or coinsurance for one date of service. Limited to 40 visits per Member per Calendar Year. Refer to your MBA for details.
Clinical Trials	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Diabetic Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Dental Services - Emergency Dental Care	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Dental Services - Extraction of Impacted Teeth	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Dialysis Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Durable Medical Equipment/Prosthetics	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Prosthetics Replacement of Arms and Legs	20% Coinsurance after Deductible	70% Coinsurance after Deductible	
Elective Abortion	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Abortion for which federal funding is prohibited.
Emergency Room Care	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Foot Care- Medically Necessary	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Routine foot care is not covered. Refer to MBA for details.



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Formula/Medical Food	50% Coinsurance after Deductible	70% Coinsurance after Deductible	In certain cases, the Plan provides Benefits for Infant and Metabolic Formula. Refer to MBA for details.
Gender Reassignment Surgery	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Cosmetic Surgery and Services are not covered.
Hearing Aids - Pediatric & Adult	50% Coinsurance after Deductible	70% Coinsurance after Deductible	The benefit is limited to a maximum of \$3,000 per hearing aid for each hearing-impaired ear every 36 months.
Home Healthcare	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Hospice Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Hospice Respite Care	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Hospice Respite Care limited to one 48-hour period.
Inpatient Hospital Facility (including Acute Hospital care, maternity care)	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Inhalation Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Inpatient Rehabilitation	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Inpatient Physician Visits	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Laboratory and Radiology Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
In many cases, you will have lower Out-of-Pocket costs when you use a Network independent laboratory for routine laboratory services. Your Provider may already have regularly scheduled pickups by independent labs. Talk to your Provider about your laboratory options. Visit www.HealthOptions.org/provider for a complete listing of our Network Providers.			
Leukocyte Antigen Testing	\$0 Copay	\$0 Copay	Limitations apply. See MBA for details.
Massage Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limitations apply. See MBA for details.
Maternity	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Coverage for routine newborn care will be attributed to the mother's coverage until the mother's discharge. If the newborn remains in the Hospital after the mother is discharged, or if services beyond the scope of routine newborn care are provided, those services will be subject to deductible and coinsurance, if applicable, to the newborn.
The Plan provides Benefits for prenatal and postnatal care, delivery of a newborn, care of a newborn, and complications of pregnancy. If a newborn receives services that are beyond the scope of routine newborn care prior approval must be obtained. For discharge timeframes and coverage after discharge, please refer to your MBA.			
Medical Drugs (drugs that cannot be self-administered)	50% Coinsurance after Deductible	70% Coinsurance after Deductible	



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Mental Health/Substance Use Disorder (Substance Abuse) - Inpatient	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Mental Health/Substance Use Disorder (Substance Abuse)- Outpatient	30% Coinsurance after Deductible Waived for 1st 3 visits	70% Coinsurance after Deductible	The first 3 individual, family or group outpatient office visits each Calendar Year for Mental Health or Substance Use Disorder (Substance Abuse) services will be at zero-cost when rendered by a Network Provider.
Mental Health/Substance Use Disorder (Substance Abuse)- Partial Hospitalization Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Morbid Obesity	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limited to surgery for intestinal bypass, gastric bypass or gastroplasty for treatment of Morbid Obesity.
Nutritional Counseling	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Osteopathic Manipulative Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Depending on the services provided in a single appointment it is possible you may be financially responsible for copay(s), your deductible, and or coinsurance for one date of service. Benefit is limited to 40 visits per Member per Calendar Year. Refer to your MBA for details.
Organ and Tissue Transplants	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Orthotic Devices	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limitations apply. Refer to MBA for details.
Outpatient Facility	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Parenteral and Enteral Therapy	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Preventive Care	\$0 Copay	70% Coinsurance after Deductible	
When prescribed by a network provider, certain Preventative Care Services, as defined by federal law, are available with no Out-of-Pocket Cost. For details on what is covered with no Out-of-Pocket Cost, refer to section 2.J of your MBA for details.			
Primary Care Office Visits	30% Coinsurance after Deductible	70% Coinsurance after Deductible	
Prostate Cancer Screening	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Rehabilitation and Habilitation Services - Outpatient (includes Physical, Occupational, and Speech Therapy)	50% Coinsurance after Deductible	70% Coinsurance after Deductible	PT/OT/ST Benefits are limited to 60 total combined visits per Calendar year. When PT/OT/ST are part of a home health care visit, the limits for PT/OT/ST will not apply if the care is obtained as



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Medical Benefit	Network Providers	Non-Network Providers	Coverage Notes and Limits
			part of the Home Health care benefit.
Skilled Nursing Facility Care	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limited to 150 days per Member per Calendar Year.
Sleep Studies	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limited to 2 per Calendar Year.
Your Member cost-sharing will be waived if you choose a home-based sleep study through certain Providers designated by Community Health Options®.			
Specialty Care Office Visits	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Depending on the services provided in a single appointment it is possible you may be financially responsible for copay(s), your deductible, and or coinsurance for that one date of service.
Surgery/Anesthesia	50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Tobacco/Smoking Cessation	\$0 Copay	70% Coinsurance after Deductible	
The Plan provides Benefits for FDA-approved tobacco cessation medications (including both prescription and over-the-counter medications with no Out-of-Pocket costs when prescribed by a health care Provider (limited to two 90-day treatment regimens for prescription medications per Member per Calendar Year.) The Plan provides Benefits for tobacco cessation programs, follow-up education, counseling, and completion of a Health Options approved smoking cessation program. Please refer to your MBA for details.			
Urgent Care Visits	\$95 Copay	70% Coinsurance after Deductible	
X-rays and Diagnostic Imaging	50% Coinsurance after Deductible	70% Coinsurance after Deductible	

Pediatric Specific Medical Benefit*	Network Providers	Non-Network Providers	Coverage Notes and Limits
Early Intervention Services	50% Coinsurance after Deductible	70% Coinsurance after Deductible	Limited to Members up to 36 months old with an identified Developmental Disability. Limited to 32 visits per Calendar Year.
Glasses/Contacts	50% Coinsurance after Deductible	70% Coinsurance after Deductible	This benefit is limited. Refer to your MBA for details.
Vision Exams	50% Coinsurance after Deductible	70% Coinsurance after Deductible	The Plan provides Benefits for a complete vision exam, including refraction, as needed to detect vision impairment by a Network Provider.

*Members are eligible for Pediatric Benefits up to the end of the month in which the Member turns age 19.



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Prescription Drug Benefit	Network Providers	Non-Network Providers	Coverage Notes and Limits
Tier 1 - Preferred Generics	Retail- 30% Coinsurance after Deductible; Mail Order- 30% Coinsurance after Deductible	70% Coinsurance after Deductible	You may obtain a 90-day supply of covered maintenance drugs and certain covered controlled substances by mail through our preferred home delivery pharmacy. The use of home delivery is recommended for drugs used to treat chronic, long-term conditions.
Tier 2 - Generics	Retail- 30% Coinsurance after Deductible; Mail Order- 30% Coinsurance after Deductible	70% Coinsurance after Deductible	
Tier 3 - Preferred Brands & Non-Preferred Generics	Retail- 30% Coinsurance after Deductible; Mail Order- 30% Coinsurance after Deductible	70% Coinsurance after Deductible	
Tier 4 - Non-Preferred Brands	Retail- 30% Coinsurance after Deductible; Mail Order- 50% Coinsurance after Deductible	70% Coinsurance after Deductible	
Tier 5 - Specialty	Retail- 50% Coinsurance after Deductible; Mail Order- 50% Coinsurance after Deductible	70% Coinsurance after Deductible	

Visit our website at <https://www.healthoptions.org/Documents/formulary> for access to our formulary. Our Home Delivery program can save you money. Refer to MBA for details. This plan includes the Chronic Illness Support Program. This program provides reduced Out-of-Pocket Costs (Copayments, Coinsurance, and Deductibles) when services are performed by a Network Provider. Select Tier 1, Tier 2 and Tier 3 preferred medications will also have reduced Out-of-Pocket Costs. The drugs selected as part of the Chronic Illness Support Program will be designated on our formulary and must be filled through the Home Delivery Program to receive the reduced cost-sharing. Refer to your Member Agreement for more information.

Pediatric Dental Benefit	Network Providers	Non-Network Providers	Coverage Notes and Limits
Deductible per Child	\$100	\$100	Each child meets their Deductible.
Deductible per Family	N/A	N/A	
Diagnostic/Preventive	0% Coinsurance	0% Coinsurance	
Basic Restorative	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Major Restorative	50% Coinsurance after Deductible	50% Coinsurance after Deductible	
Medically Necessary Orthodontics	50% Coinsurance	50% Coinsurance	



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Pediatric Dental Benefit	Network Providers	Non-Network Providers	Coverage Notes and Limits
<p>Pediatric Dental coverage is offered in partnership with Northeast Delta Dental and includes coverage of non-participating dental providers. Charges from Non-Network Providers above Network Provider rates are your responsibility [also known as balance billing]. Only your payments to Delta Dental PPO Dentists shall accrue to the Out-of-Pocket Costs for Network Providers. See the Description of Dental Benefits Program in Section 12 of your MBA.</p>			



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General List of Exclusions

The following list identifies services that are generally excluded from Health Options Plans. For more details and a complete list of exclusions please refer to your Member Benefit Agreement (MBA).

Administrative Exams/Services, Court Ordered Testing/Care or Workers' Compensation

Alternative/Complementary Treatment and Therapy

Cosmetic Services (including Cosmetic Gender Reassignment Surgeries)

Dental Care (except coverage detailed in your MBA) and Dental Prostheses

Domiciliary, Custodial Care or Private Duty Nursing

DME and Prosthetic Devices that are spares or back-ups or are for sports or occupational purposes

Erectile/Sexual Dysfunction; Infertility; Surrogacy and Voluntary Induced Sterility Reversal

Experimental/Investigational Services (including biofeedback, shock wave treatment, homeopathy, etc.)

Free Care or Government Services and Supplies

Genetic Testing and Counseling

Hearing Care (except coverage detailed in your MBA)

Maintenance and Regression Services, Treatments or Therapy

Massage Therapy (except coverage detailed in your MBA)

Non-emergency Ambulance Services (except coverage detailed in your MBA)

Orthognathic Surgery

Orthotic Devices, Shoe Inserts

Over the Counter Equivalents, Non-prescriptive Birth Control, and Food or Dietary Supplements

Personal Comfort and Convenience

Personal Enrichment/Lifestyle Services; Diet Plans and Programs; Gym or Spa Memberships

Routine Circumcisions

Routine Foot Care and Surgical Treatment of Certain Foot Conditions

Services provided before your coverage began or after your coverage ends

Unlicensed or Ineligible Providers

Vision Care and Refractive Eye Surgery