

# Chronic Illness Support Program

**Non-HSA plans include a Chronic Illness Support Program (CISP) designed to improve the health and well-being of Members with asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes and hypertension.**

Members who manage their conditions through in-network office visits can save on routine care—with \$0 cost on select medical services listed below. Additionally, Members can save on CISP-designated medications when ordering through the Express Scripts (ESI) mail-order pharmacy. See below for details on services and pharmacy.

## FOR NON-HSA PLANS ONLY

CHRONIC ILLNESS SUPPORT PROGRAM (CISP) MEDICAL SERVICES				
Asthma	Coronary Artery Disease (CAD)	Chronic Obstructive Pulmonary Disease (COPD)	Diabetes	Hypertension
<p><b>Office visits for care related to asthma for:</b></p> <ul style="list-style-type: none"> <li>Primary care, pulmonologist, allergist for routine management</li> <li>Palliative care to discuss condition treatment</li> <li>Immunotherapy for allergen sensitization</li> </ul> <p><b>Also covered:</b></p> <ul style="list-style-type: none"> <li>Inhaler adjuncts (e.g., holding chamber/spacer) through mail order</li> <li>Pulmonary function tests</li> <li>Allergy sensitivity testing</li> <li>Asthma education</li> <li>Targeted laboratory tests for routine management</li> </ul>	<p><b>Office visits for care related to CAD for:</b></p> <ul style="list-style-type: none"> <li>Primary care, cardiologist for routine management</li> <li>Palliative to discuss condition treatment</li> </ul> <p><b>Also covered:</b></p> <ul style="list-style-type: none"> <li>Electrocardiogram (ECG)</li> <li>Nutritional counseling, up to 12 visits per year</li> <li>Cardiac rehabilitation &amp; associated exercise programs are covered at 50% cost share reduction</li> <li>Targeted laboratory tests for routine management</li> </ul>	<p><b>Office visits for care related to COPD for:</b></p> <ul style="list-style-type: none"> <li>Primary care, pulmonologist for routine management</li> <li>Palliative care to discuss condition treatment</li> </ul> <p><b>Also covered:</b></p> <ul style="list-style-type: none"> <li>Inhaler adjuncts (e.g., holding chamber/spacer) through mail order</li> <li>Pulmonary function tests</li> <li>Home oxygen therapy assessment</li> <li>Pulmonary rehabilitation &amp; associated exercise program are covered at 50% cost share reduction</li> <li>Targeted laboratory tests for routine management</li> </ul> <p><b>Note: Oxygen delivery and supplies are subject to routine coverage.</b></p>	<p><b>Office visits for care related to diabetes for:</b></p> <ul style="list-style-type: none"> <li>Primary care, endocrinologist, podiatrist, optometrist/ophthalmologist for routine management</li> <li>Palliative care to discuss condition treatment</li> </ul> <p><b>Also covered:</b></p> <ul style="list-style-type: none"> <li>Nutritional counseling, up to 12 visits per year</li> <li>Diabetes education with a certified diabetes educator</li> <li>Targeted laboratory tests for routine management</li> </ul> <p><b>Diabetic supplies specified on the formulary and dispensed via ESI mail order are covered at \$0 cost share:</b></p> <ul style="list-style-type: none"> <li>One glucometer per year</li> <li>Glucose test strips: up to 150 strips every 30 days or 450 strips every 90 days</li> <li>Monthly FreeStyle Libre Continuous Glucose Monitoring system sensors</li> </ul> <p><b>Note: Aside from FreeStyle Libre, all other continuous glucose monitors, insulin pumps, and associated supplies are subject to routine coverage.</b></p>	<p><b>Office visits for care related to hypertension for:</b></p> <ul style="list-style-type: none"> <li>Primary care for routine management</li> <li>Cardiologist and nephrologist for consultation and routine management</li> <li>Palliative care to discuss condition treatment</li> </ul> <p><b>Also covered:</b></p> <ul style="list-style-type: none"> <li>Nutritional counseling, up to 12 visits per year</li> <li>Targeted laboratory tests for routine management</li> <li>Blood pressure cuff</li> </ul>
<p><b>Pharmacy Benefits include:</b></p>	<ul style="list-style-type: none"> <li><b>Select Tier 1 Generic Medications</b> designated with CISP on the drug formulary at \$0 with ESI mail order on 35+ days of medication.</li> <li><b>Select Tier 2 and 3 Medications</b> designated with CISP on the drug formulary at 50% cost share reduction with ESI mail order on 35+ days of medication and maximum savings with 90-day supply.</li> </ul>			

All other drug tiers and drugs without an HSA+ designation on the most current drug formulary require routine cost sharing. Talk with your provider about whether a lower-tier medication is available for your chronic illness.

